



# Spring

## Resource Guide

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This book functions as a guide to various social services in Cincinnati.

**Schedules and services are subject to change.**

Please call the organization ahead of time for up-to-date information.



[chpl.org/services/community-resources-guide/](http://chpl.org/services/community-resources-guide/)

## Meals

### Sunday

**6:30 a.m.** Prince of Peace  
1528 Race St. 513-621-7265

**2 p.m.** Queen City Kitchen  
2386 Kemper Ln. 513-961-1983

**6:30 p.m.** City Gospel Mission  
1805 Dalton Ave. 513-241-5525

**12 p.m. Final Sundays**  
TRIIIBE Potluck for the People  
100 Garfield Place

### Monday

**7 a.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**8:30 a.m.** Our Daily Bread  
1730 Race St. 513-621-6364

**12 p.m.** Camp Community  
Café 2950 Sidney Ave.  
513-541-7757

**4:30 p.m.** Phil's Place  
4230 Hamilton Ave.  
513-591-2246

**4 p.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**6:30 p.m.** City Gospel Mission  
1805 Dalton Ave. 513-241-5525

### Tuesday

**7 a.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**8:30 a.m.** Our Daily Bread  
1730 Race St. 513-621-6364

**12 p.m.** Camp Community  
Café 2950 Sidney Ave.  
513-541-7757

**12:30 p.m.** Queen City Kitchen  
2386 Kemper Ln. 513-961-1983

**4 p.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**5 p.m.** Christ Church  
Cathedral  
318 E 4th St. 513-621-1817

**6:30 p.m.** City Gospel Mission  
1805 Dalton Ave. 513-241-5525



## Wednesday

**7 a.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**8:30 a.m.** Our Daily Bread  
1730 Race St. 513-621-6364

**12 p.m.** Camp Community  
Café

2950 Sidney Ave 513-541-7757

**12:30 p.m.** Queen City Kitchen  
2386 Kemper Ln. 513-961-1983

**4 p.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**6:30 p.m.** Prince of Peace  
1528 Race St. 513-621-7265

**6:30 p.m.** City Gospel Mission  
1805 Dalton Ave. 513-241-5525

## Thursday

**7 a.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**8:30 a.m.** Our Daily Bread  
1730 Race St. 513-621-6364

**11 a.m.** Catholic Worker House  
1437 Walnut St. 513-381-4941

**12 p.m.** Camp Community  
Café 2950 Sidney Ave.  
513-541-7757

**12:30 p.m.** Queen City Kitchen  
2386 Kemper Ln. 513-961-1983

**4 p.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**6:30 p.m.** City Gospel Mission  
1805 Dalton Ave. 513-241-552

## Friday

**7 a.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**8:30 a.m.** Our Daily Bread  
1730 Race St. 513-621-6364

**4 p.m.** St. Francis Seraph  
1615 Republic St. 513-549-0542

**6:30 p.m.** City Gospel Mission  
1805 Dalton Ave. 513-241-552

## Saturday

**7 a.m.** Prince of Peace  
1528 Race St. 513-621-7265

**11 a.m.** Catholic Worker House  
1437 Walnut St. 513-381-4941

**12 p.m. & 4 p.m.** Queen City  
Kitchen 2386 Kemper Ln.  
513-961-1983

**6:30 p.m.** City Gospel Mission  
1805 Dalton Ave. 513-241-5525

**1 p.m. First Saturdays**  
Food Not Bombs

100 Garfield Place

**1 p.m. Second Saturdays**  
Coalition for Community  
Safety, 100 Garfield Place



## Meals on Wheels

### Meals on Wheels Southwest OH & Northern KY

513-244-5485

Home-delivered meals, pet support, transportation, personal financial management, and senior care coordination.

## Meals for Youth

Free meals are available Mondays through Fridays for youth at select Library locations. Guests must eat their meals at the Library. Service locations and times may change, visit [chpl.org/services/meals](http://chpl.org/services/meals)

### Avondale Library

Meal: 12:30-1:30 p.m.

Snack: 3:30-4 p.m.

### Bond Hill Library

Meal: 12:45-1:45 p.m.

Snack: 4-5 p.m.

### Cheviot Library

Meal: 12-1 p.m.

### Clifton Library

Meal: 12-2 p.m.

### College Hill Library

Meal: 1-1:30 p.m.

### Corryville Library

Meal: 12:30-1 p.m.

### Covedale Library

Meal: 3-4 p.m.

Snack: 12-1 p.m.

### Deer Park Library

Meal: 12:30-1:30 p.m.

### Elmwood Place Library

Meal: 12:30-1 p.m.

### Forest Park Library

Meal: 4-5 p.m.

### Groesbeck Library

Meal: 12:30-1 p.m.

### Madisonville Library

Meal: 2-2:45 p.m.

### Mt. Healthy Library

Meal: 3-3:45 p.m.

### Northside Library

Meal: 3:30-4 p.m.

### Price Hill Library

Meal: 1-2 p.m. Sat. 3-4 p.m.

Snack: 4-5 p.m. Sat. 11-12 p.m.

### St. Bernard Library

Meal: 2:15-3 p.m.

### Walnut Hills Library

Meal: 3:15-4 p.m.

### West End Library

Meal: 1:15-1:45 p.m.

Snack: 4:15-4:45 p.m.

### Westwood Library

Meal: 3-5 p.m.



# Disability Services

## **CABVI**

2045 Gilbert Ave.

513-221-8558

[cincyblind.org](http://cincyblind.org)

Empowering people who are blind or visually impaired with opportunities to seek independence.

## **Down Syndrome Association of Greater Cincinnati**

4623 Wesley Avenue, Suite A

513-761-5400

## **Hamilton County DDS**

1520 Madison Rd.

513-794-3300

[Hamiltondds.org](http://Hamiltondds.org)

## **Hearing Speech and Deaf Center**

2825 Burnet Ave.

513-221-0527

[Hearingspeechdeaf.org](http://Hearingspeechdeaf.org)

## **Independence Alliance**

2368 Victory Parkway

Suite 501

513-241-2600

Empowers people with disabilities to lead independent and inclusive lives.

## **LADD**

513-861-5233

[laddinc.org](http://laddinc.org)

Living arrangements for the developmentally disabled.

## **Visionaries and Voices**

3841 Spring Grove Ave.

513-861-4333

Provides creative, professional, and educational opportunities for adults with disabilities.

# Early Childhood Education

## **Cincinnati Head Start**

513-569-4510

[cincinnatiheadstart.org](http://cincinnatiheadstart.org)

## **HCESC Head Start & Early Head Start Preschool**

513-674-4329

[hcescheadstart.org](http://hcescheadstart.org)

Serving children ages 0-5 years  
No cost to qualifying families.

## **Help Me Grow**

Ohio Department of Health  
Promotes healthy child development and well-being.



# Emergency Shelter

To access shelters with an asterisk (\*), call the CAP Line: 513-381-SAFE (7233)  
Weekdays 9 a.m.–8 p.m.  
Weekends 10 a.m.–2 p.m.

## Families

### \*Bethany House

4769 Reading Rd. 513-921-1131

### \*Found House

990 Nassau St.

## Men

### \*Catholic Worker House

1437 Walnut St.

### City Gospel Mission

1805 Dalton Ave. 513-241-5525

### \*Parkway Center

2880 Central Pkwy.

### Shelterhouse

411 Gest St. 513-721-0643

## Women

### \*Grace Place

### Catholic Worker House

6037 Carey Ave.

### Shelterhouse (No Children)

2499 Reading Rd. 513-562-1980

# Food Pantries

### Camp Cupboard & Closet

2950 Sidney Ave.

Tuesdays and Thursdays  
12–2:45 p.m. ID Required

### Church of Our Savior

65 E. Hollister St.

Sundays 12:30–1:30 p.m.

Wednesdays 5–6:30 p.m.

Saturdays, Westmont

Apartments, 1–1:30 p.m.

### Church of the Advent

2366 Kemper Ln.

Wednesdays 9:30 a.m.–12 p.m.

### Community Action Agency

1740 Langdon Farm Rd.

Third Wednesdays, 2 p.m.

### Corinthian Baptist Church

1920 Tennessee Ave.

Fourth Thursdays, 3 p.m.

### East Price Hill Center

3301 Warsaw Ave.

Tuesdays 1:30 p.m.

Fridays 12:30 p.m.

### Friday Food + Fun

2536 Kemper Ln.

Fridays 1–3 p.m.

### The Healing Center

11345 Century Circle

Wednesdays – Saturdays  
9 – 11 a.m.



**LIFE - Loveland Food Pantry**

541 Loveland-Madeira Rd.

Tuesdays 10–12, 4–6:30 p.m.

Wednesdays 10–2, 4–6:30 p.m.

Thursdays 10–12, 4–6:30 p.m.

Fridays 10–12 p.m.

Saturdays 10–12 p.m.

**New Emmanuel Baptist Church**

5407 Warren Rd.

2nd Saturdays 2 p.m.–4 p.m.

**Queen City Kitchen**

2386 Kemper Ln.

Tuesdays & Thursdays 12–1:30

**Rainbow Choice Food Pantry**

4230 Hamilton Ave.

Mondays 5–7 p.m.

Tuesdays 10 a.m.–1 p.m.

Thursdays 10 a.m.–1 p.m.

**S.O.N. Ministries**

8871 Colerain Ave

Mondays 10 a.m.–12 p.m.

Wednesdays 10 a.m.–12 p.m.

Wednesdays 4:30–6:30 p.m.

Serving Northwest Local Schools  
& North College Hill Schools. ID required  
for adults.

**St. George Food Pantry**

2554 Dennis St.

Mondays 6–7:30 p.m.

Tuesdays 6–7:30 p.m.

Last Fridays 12–1:30 p.m.

Last Saturdays 10–11:30 a.m.

Serving zip codes 45217, 45219, 45220  
and any military veterans.

**St. Joseph Catholic Church**

745 Ezzard Charles Dr.

Second Tuesdays,

11 a.m. –1 p.m.

**Tikkun Farm Free Market**

7945 Elizabeth St.

facebook.com/tikkunfarm

Tuesdays 3–4 p.m.

Fridays 1–4 p.m.

Saturdays 1–2 p.m.

Get shopping number at Hilltop  
Plaza (8200 Hamilton Ave.)

**Tri-County S.O.U.L. Ministries**

11177 Springfield Pike

Mondays - Wednesdays

9:30 - 11 a.m. and 6 - 7:30 p.m.

Fridays 9:30 - 11:00 a.m.,

Last Saturdays 9:30 - 11 a.m.

**Tryed Stone New Beginning Church**

5550 Reading Rd.

First Tuesdays, 12 p.m.

**The Welcome Project**

2936 Colerain Ave.

Second Tuesdays, 11 a.m.

**Western Hills Church of Christ**

Free Clothing and Food Pantry

5064 Sidney Ave.

Mondays 10–12 p.m.

513-549-1257 for appointment

**Word of Deliverance Church**

693 Fresno Rd. 45240

Fourth Tuesdays, 2 p.m.



## General Services

### **CARE Center**

513-453-7999 (call or text)

### **The Cincinnati Metropolitan Housing Authority**

513-693-8251

Social services for CMHA residents.

### **Council on Aging of Southwestern Ohio**

513-721-1025

[www.help4seniors.org](http://www.help4seniors.org)

### **Freestore Foodbank**

112 E Liberty St.

513-241-1064

### **The Help Squad Cincy**

8735 Cheviot Rd.

513-607-7836 (call or text)

Short term financial help, connection to services for food, clothing, shelter, comfort items, toys, employment, faith and spiritual healing.

Serving Colerain Township.

### **Ohio Benefits Portal**

[Benefits.ohio.gov](http://Benefits.ohio.gov)

Learn about assistance programs and the requirements for each.

### **Operation Give Back**

[ogiveback.org](http://ogiveback.org)

Tutoring, food pantry, winter coats, school supplies.

### **United Way Free Tax Help**

211

Free income tax preparation.

## Health Services

### **Cancer Justice Network**

513-404-3882

Health education, free transportation to and from medical appointments, and resources.

### **Caracole**

513-761-1480

HIV support and prevention.

### **Cincinnati Health Department**

513-357-7320

### **Crossroads Health Center**

5 E Liberty St.

513-381-2247

Accessible healthcare.

### **Equitas Health**

513-815-4475

Serves the healthcare needs of the LGBTQ+ community, people living with HIV, and others in need of care.

### **513Relief Bus**

[513ReliefBus.org](http://513ReliefBus.org)

Provides mobile free health screenings, social services, and economic relief.

### **Health Care Access Now Care Coordination**

513-707-5697

Education, transportation, child care, and other support to get health care.



## **NeighborHub Health**

40 E McMicken Ave., 2<sup>nd</sup> floor  
513-386-7899

Healthcare for people  
experiencing homelessness.

## **Planned Parenthood of Greater Cincinnati**

513-287-6484

## **Addiction Support Services**

**AIME** (After Hours Individual  
Mobile Engagement)

513-620-RING (7464)

Peer supporters available after  
8 p.m. on weekdays and all  
hours of the weekend.

## **Center for Addiction**

**Treatment** (CAT House)

513-381-6672

## **The HopeLine**

513-330-2903

[thehopelineoc.org](http://thehopelineoc.org)

People experiencing drug  
withdrawal can arrange to  
be picked up and taken to a  
recovery program. Free.

## **UMADAOP**

513-541-7099

Prevention, treatment,  
recovery, reentry and  
educational services for African  
and Hispanic communities.

## **Woodhaven Residential Treatment Center**

1-800-788-0440

## **Harm Reduction Vending Machines**

Supplies in the machines  
can include items such as  
naloxone, safe sex supplies,  
fentanyl test strips, and  
first aid supplies. After  
signing up machines are  
free and accessible 24/7.

## **Caracole**

4138 Hamilton Ave, 45223

To sign up: 513-399-6969

Mon-Fri 9a-5p

## **Cincinnati Fire Dept.**

329 E 9th St 45202

To sign up: 513-801-6330

Mon-Fri 8 a.m.-4p.m.

## **NeighborHub Health**

40 E McMicken Ave, 45202

To sign up: 513-801-6330

Mon-Fri 8a-4p

## **Mental Health**

### **Central Clinic**

513-558-8888

Addiction and Mental  
Health.

### **Crisis Hotline**

513-281-CARE (2273)

Suicide/Distress.



## **FIRST—Early ID & Treatment of Psychosis**

513-354-7337

## **GRO Community**

513-233-7847

GROcommunity.org

Mental health services for boys and men.

## **NAMI of Southwest Ohio**

420 W. Loveland Ave., #101

513-351-3500

namiswoh.org

## **Tender Mercies**

27 W 12th St.

Mental health services for unsheltered adults. 24/7.

## **Housing Support**

### **OTR Community Housing**

513-381-1171

### **PATH Team**

513-814-3886

Support for people with mental illness & facing homelessness.

## **Infectious Disease Resources**

### **COVID-19 At-home Test Kits**

Free at these Cincinnati & Hamilton County Public Library locations: Anderson, Cheviot, Corryville, Covedale, Delhi Township, Downtown Main Library, Elmwood Place, Forest Park, Greenhills, Groesbeck, Harrison, Mt. Healthy, North Central, Reading, St. Bernard, Symmes Township, and Wyoming.

Available until supplies run out. Call 513-369-6900 to confirm availability in advance.

### **COVID-19 Vaccinations**

Visit [hamiltoncountyhealth.org/covid19/](https://hamiltoncountyhealth.org/covid19/) for a full list of regional vaccinations sites.

### **Risk Prevention**

### **Hamilton County Public Health SAFE Services**

513-316-7725



# Laundry and Hygiene

## **Mary Magdalen House**

1629 Republic St.

513-721-4811

Free showers, free clothing

## **The Washing Well**

640 Neave St.

513-244-2214

Mondays, Thursdays, and

Fridays, 10 a.m.–8 p.m.

Saturdays and Sundays

8 a.m.–8 p.m.

Affordable laundry services.

## **Washington United Church of Christ**

1040 Rachel St.

Saturdays, 12 p.m. - 3 p.m.

Free Showers

## **Laundry Love**

Assists low/no-income families and individuals meet their laundry and hygiene needs, at the following places and times.

## **Super Laundry**

2455 Harrison Ave.

513-815-6718

Second Wednesdays, 6–8 p.m.

## **City Limits Laundromat**

2611 Kemper Ln.

513-815-6718

Third Saturdays,

10 a.m.–12 p.m.

## **City Limits Laundromat**

50 W Nixon St.

513-815-6718

3rd Wednesdays, 6–8 p.m.

# Legal Information

## **Community Action Agency**

513-569-1840

## **Hamilton County Help Center**

Municipal Division:

1000 Main St., Room 113

513-946-5650

Juvenile Division:

800 Broadway St., 1st Floor

513-946-9440

[cincyhelpcenter.org](http://cincyhelpcenter.org)

## **Hamilton County Law Library**

1000 Main St. #601

513-946-5300

Provides information, not advice

## **Legal Aid Society**

513-241-9400

## **Ohio Crime Victim Justice Center**

614-946-5300

[info@ocvjc.org](mailto:info@ocvjc.org)



## Returning Citizens

### **Office of Reentry**

138 East Court St., Rm. 101

513-946-4304

Weekdays, 9 a.m.–4 p.m.

[reentrytoday.com](http://reentrytoday.com)

REENTRY is the transition from incarceration to life in the community. They help navigate the process.

### **VoteRiders**

866-432-8683

[VoteRiders.org](http://VoteRiders.org)

ID & Birth Certificate Help

## Specialized Service Shelters

### **Domestic Violence**

#### **YWCA**

513-872-9259

### **Health**

#### **Caracole (HIV/AIDS)**

513-761-1480

#### **Center for Respite Care**

513-621-1868

### **Pets**

#### **Pet Support Program**

513-471-1100 ext. 125

### **Sex Trafficking**

#### **Off the Streets**

513-768-6928

### **Youth**

#### **Lighthouse Youth Crisis Center**

For ages 10–17: 513-961-4080

For ages 18–24: 513-569-9500



## Transitional and Supportive Housing

**Ann Louise Inn** (Women)

513-768-6900

**OTR Community Housing**

513-381-1171

**Strategies to End Homelessness**

513-263-2780

**Talbert House**

513-338-8596

## Veteran Services

**Easter Seals Redwood**

**Military + Veteran Services**

Community One Source line

513-240-6897

**Talbert House Parkway Center**

2880 Central Pkwy.

513-661-4620

benefits.

**Vine Street VA Clinic**

909 Vine St.

513-977-6800

## Violence Intervention

**Project CARE**

513-241-7090

Provides services to survivors and/or those at risk for victimization who experience disability.

**Women Helping Women**

513-381-5610

Crisis intervention and support services for survivors of dating violence, sexual violence, domestic violence. 24/7.



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